



Be a Health Superhero!

Get your flu vaccine at one of the following **FREE** seasonal flu vaccine clinics:

Location	Date	Time
North Lakes Fire Department — Sinclair	Tuesday, Oct. 1 st	4:30 pm – 6 pm
North Lakes Fire Department — Madawaska Lake	Thursday, Oct. 3 rd	4:30 pm – 6 pm
Washburn Community Center	Tuesday, Oct. 15 th	4:30 pm – 6 pm
Caswell Elementary School	Thursday, Oct. 17 th	4:30 pm – 6 pm
Fort Fairfield Fire Department	Saturday, Oct. 19 th	11 am – 3 pm
New Sweden First Baptist Church	Monday, Oct. 21 st	5 pm – 6:30 pm
Saint John Valley Health Center, Van Buren	Wednesday, Oct. 23 rd	4 pm – 6 pm
Fort Fairfield Middle/High School Cafeteria	Tuesday, Oct. 29 th	3 pm – 5:30 pm
Cary Medical Center — Chan Center	Wednesday, November 6 th	5 pm – 6:30 pm

The clinics are open to the general public, and vaccine for people aged 65 and older will be available. Children under 9 years of age are encouraged to receive their flu shots at school or from their provider.

For more information, please contact:

Cary Public Relations at 498-1112

