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Fort Fairfield Parks and
Recreation Department Happenings

Open Gym-The Fort Fairfield Community Center Gymnasium and game room are open to the public for drop-in free play on Friday and Saturday evenings from 6:00-8:30pm, Saturday afternoon from 1:30-4:00pm and Sunday afternoon from 12:00-4:00pm. The Community Center game room is also open each day after school from 2:30-6:00pm for drop-in game activities (the gymnasium is closed during this time because of middle school basketball). There is no charge to participate.

Zumba- Zumba dance classes are held at the Fort Fairfield Elementary School gymnasium each Monday and Wednesday evening from 6:30-7:30pm. Kim Griffeth is the primary instructor. The cost for participation is \$40 for ten classes. For more information, please contact Kim at 551-6961.

Co-ed Volleyball- Co-ed Volleyball for individuals high school age and older will be held at the Fort Fairfield Community Center Gymnasium every Sunday evening from 6:00-8:00pm. Play is informal with teams being selected each night from all those in attendance. There is no charge to participate and all are welcome to attend.

Adult Basketball- The Fort Fairfield Community Center Gymnasium is open for adult drop-in basketball (18 and over) on Monday and Thursday evenings from 6:00-8:00pm. Teams are selected each night from all those in attendance. The cost is \$2 each night or \$40 for the entire season. If there is sufficient interest amongst the players in forming an adult league for the season, a league may be established to include scheduled games.

Introduction to Basketball- The Fort Fairfield Parks and Recreation Department is offering an introduction to basketball program for boys and girls in kindergarten and grade one beginning on Saturday, December 4 from 12:30-1:30pm at the community center and continuing through the middle of February (the program will not be held on December 25 and January 1). The intent of this program is to teach the very basic fundamentals and skills of the game of basketball to the participants in a fun filled manner. Adult volunteers are needed to help coach the kids so if you are interested, please contact the parks and recreation department at 472-3882. Registration forms are available at the community center or at school.

Pee Wee and Youth Basketball- Pee wee basketball for boys and girls in grades 2 and 3 and youth basketball for boys and girls in grades 4-6 is currently underway at the community center. Games or practices are held on Saturday mornings and Wednesday evenings for the youth players in grades 4-6. Games or practices are held Saturday mornings and Tuesday evenings for the pee-wee players in grades 2 and 3. Both the pee-wee and youth basketball programs will continue play through the beginning of February 2011. Registration forms are available at school or you may pick one up at the Community Center. There is no charge to participate. If any adults are interested in helping to coach one of the pee-wee or youth teams this season, please contact the Fort Fairfield Parks and Recreation Department at 472-3882.

Indoor Walking and Jogging- The Fort Fairfield Community Center Gymnasium is open to the public for walking, jogging, and exercising Monday through Friday from 6:00am-12:00noon (except on holidays). There is no charge to participate.

G-Force Laser Tag- Laser tag will be held at the Fort Fairfield Community Center on the following Saturdays from 4:00-8:00pm: December 18 (jousting/bouncing castle also on site) January 22, and February 19. The cost is \$3 per game or \$10 for a two hour session.

Cross-Country Ski Rentals- The Fort Fairfield Parks and Recreation Department will be renting out cross-country ski packages again this winter. Equipment will be made available starting the first week of December. The department has purchased several new ski packages this year to help accommodate the increased demand for rentals that we have experienced over the past several years. The cost to rent a complete package for the entire winter is \$25 for the first family member and \$20 for each additional family member who wishes to rent equipment.

More information will be forthcoming in the near future on the ski rental program and the youth ski programs scheduled for this winter.