

Fort Fairfield  
Parks and  
Recreation  
Department  
Summer Program  
2016

**Registration is required for all summer recreation activities and programs!!** Parents can register their children for programs at the Fort Fairfield Swimming Pool Thursday, June 9 between the hours of 9:00am and 6:00pm (some programs begin earlier and require registration prior to June 9). All program fees are to be paid prior to or at registration on June 8. Those programs that require fees will indicate the fee in the program description. There are a limited number of openings with some programs so please be sure to register early. For more information concerning registration for summer programs, please contact the Fort Fairfield Parks and Recreation Department at 472-3882 or call the swimming pool at 472-3883.

**T-BALL BASEBALL** – is for boys and girls ages 6-8 as of May 1, 2016. The program allows players to hit a safety ball off a stationary tee and learn the basic skills of baseball. T-Ball will be offered on Tuesday and Thursday mornings from 9:30-10:30am beginning on Tuesday, June 28 and ending on Thursday, August 4 at the “Charlie Lockhart Field” located behind FFMHS. There is no fee to participate. In the event of rain, the alternative indoor location for T-ball will be inside at the Elementary School gymnasium, except if it rains on June 27 or 29 which will cause the program to be cancelled for the day.



**MAJOR LEAGUE BASEBALL** – is for baseball players ages 10-12 as of May 1, 2016. The program starts with a clinic/practice on Monday, May 9 from 6:00-7:30pm at the FFMHS Athletic Complex. This is a “no cut” program in that all who sign up will be placed on a team to play. Each team in the league will play approximately 12 games this summer beginning the week of June 6 and continuing through the end of July, with most games being played at 5:30pm on Mondays and Wednesdays. Team practices are usually held twice a week during the season. Games will be played on a home and away basis against teams from other towns in Central Aroostook County.

**MINOR LEAGUE BASEBALL** – is for boys and girls ages 8-9 as of May 1, 2016. The program starts with a tryout/practice on May 10 from 6:00-7:30pm at the FFMHS Athletic Complex. Practices will be held on Tuesday and Thursday evenings from 6:00-7:30pm until the games begin the week of June 14 and continue through the end of July. This is a “no cut” program in that all players who sign up to play will be placed on a team for the season. Teams will play approximately 10 games, usually on Tuesdays and/or Thursdays at 5:30pm against other minor league teams from the Central Aroostook County area.

**YOUTH ALL-STAR BASEBALL** – is for boys and girls ages 11-12 and possibly 10 year olds (age as of May 1, 2016) who are participating in the major league baseball program during the current season. Practices for the all-star team will begin in late June. Major league coaches will inform their players of the exact starting days and times for all-star practices. The all-star team will play games against other teams from Aroostook County and will participate in the County Youth Baseball Tournament to be held in Caribou in early August. The team will also participate in “Round Robin” tournaments that will be held around the County during the summer.

**PONY LEAGUE BASEBALL** – is for boys ages 13-15 as of May 1, 2016. The Pony League team will play a 12-game schedule in the Aroostook County Pony League. Practices will begin the week of June 6 (specific time and date to be announced) and will be held at the FFMHS Baseball Field. Games will begin the week of June 13 and will continue through the end of July. Interested players should contact coach John Ala or call the Parks and Recreation Department at 472-3882 to register for Pony League Baseball.

**JUNIOR GIRLS SOFTBALL** – is for girls 9-12 years of age as of May 1, 2016. The program will begin on Wednesday, June 8 with a practice/clinic from 4:30-6:00pm at the FFMHS softball field. Practice will also be held on June 10 and 13 from 4:30-6:00pm. Starting June 15, practices will be held on Mondays and Wednesdays from 12:00-1:30pm until further notice. Games will likely begin the week of June 20 and will be played mostly on Tuesday and Thursday afternoons at 1:00pm. The team will participate in the NMCRA league and play teams from other communities in Aroostook County as well as participate in various “Round Robin” tournaments and other softball tournaments during the summer including the MPBF Tournament in Fort Fairfield and the County Championship in Presque Isle.

**MRPA TRACK & FIELD** – The program is for boys and girls ages 7-14 as of December 31, 2016 and will be held at the FFMHS Track. The age groups are 7-8, 9-10, 11-12, 13-14, and 15 with boys competing separate from girls. Practice will begin on Monday, June 6 from 2:45-4:00pm for the 11-15 year olds and will usually be held on Monday and Wednesday for this age group, while 7-10 year olds will usually meet on Tuesday and Thursday from 2:45-4:00pm starting June 7. Practice will continue up until the State meet on July 12 in Bangor. There will be a local practice track meet in Fort Fairfield on Wednesday, June 15 from 2:45-4:15pm for all ages to help determine which events you will participate in at the regional meet to be held in Caribou on Tuesday, June 28 at 10:00am and also in the Presque Isle Meet on June 21 at 10:00am. If you qualify (top 4) at the regional meet in Caribou on June 28, you will then have the opportunity to advance to the state meet on July 14 in Bangor. Registration deadline for the MRPA Track and Field Program is Monday, June 13. Please contact the Parks and Recreation Department to register or for more information.

**YOUTH GOLF PROGRAM AT AVCC** - The Aroostook Valley Country Club is offering a youth golf program again this summer for boys and girls ages 9-17. AVCC golf pro Steve Leitch will be instructing the program with assistance from other adult golfers. The program consists of



one hour of instruction on Wednesday mornings from 10:00-11:00am (U.S.), beginning on June 29. Also as part of the eight week program, participants will have the opportunity to play up to 9 holes of golf each Thursday at 10:00am with supervision from a mentor, starting on June 30. Each participant enrolled in the Youth Golf Program will have limited golfing privileges during the summer. This will include course play during certain hours throughout the week, and playing on weekends and holidays after 3:00pm (for complete playing privileges, a junior membership is available). Participants will also be allowed to borrow a set of golf clubs each time you play if you do not already own a set. The cost for the program is \$50 and is payable at AVCC. For more information or to register for the youth golf program, please contact AVCC at 476-8083.

**TENNIS LESSONS** – Lessons are available for ages 8 and over and will begin on June 27 with an ending date of July 27. Intermediate players (those who have a basic understanding of the game) will meet on Monday and Wednesday mornings from 8:30-9:15am and beginners (those who have little or no playing experience) will meet on Monday and Wednesday mornings from 9:30-10:15am. Lessons are held at the tennis courts next to the swimming pool. Racquets are available if you do not own one.

**TIGER BASKETBALL CAMPS** – Tiger Camps are for boys and girls currently in grades 1-8. The objective is to provide the best possible instruction to all players by teaching the fundamentals of the game at the various levels in the manner of good sportsmanship and safety. The boys camp will be held the week of June 20-24, while the girls camp will be held the week of June 27-July 1. Both Tiger Basketball Camps run from 8:00am-4:30pm each day. The registration fee is \$135 which includes breakfast, lunch, a family bar-b-q, and a free t-shirt and basketball for each participant. Each camp is limited to the first 125 to sign up. To register, please contact Larry Gardner at 551-5001.



**YOUTH SOCCER** – Youth Soccer is for boys and girls entering grades 4-6 this fall. The emphasis on the program is sportsmanship, skill development, exercise, and team play. The program will be held on Monday and Wednesday from 3:00-4:30pm beginning on Monday, August 29 and continuing through the middle of October. Youth soccer is played on the small soccer field located in front of the Elementary School. Starting Friday, September 2 there will be practice each Friday from 3:00-4:30pm for all youth soccer players who want to play on the Fort Fairfield Youth Travel Soccer Team. The travel team will participate in “Aroostook County Round Robin Soccer Tournaments” on Saturdays tentatively starting on September 10. You can register for youth soccer during summer program registration or you can wait until registration forms are handed out to students at school on August 25.

**PEE WEE SOCCER** – Pee Wee Soccer is for boys and girls entering grades 2 and 3 this fall. The emphasis on the program is sportsmanship, skill development, exercise, and team play. The program will begin on Tuesday, August 30 and end on or around October 20. Pee Wee Soccer will be held every Tuesday and Thursday afternoon from 3:00-4:15pm on the small soccer field located in front of the Elementary School. You can register for the program during summer program registration or you can wait until soccer registration forms are handed out to students at school on August 25.



**COUNTY UNITED SOCCER CAMP** – This camp is for boys and girls entering grades K-8 and will be held at the Fort Fairfield Athletic Complex the week of August 1-5. The camp schedule is as follows: grades 2 and under meet from 1:00-2:00pm; grades 3-5 are from 2:00-3:30pm; and grades 6-8 meet from 3:30-5:00pm. The registration fee is \$35 for grades 2 and under and \$40 for all other age groups and includes a camp T-shirt. The fee is payable to the camp director and FFMHS varsity boys soccer coach John Ala. For more information or to register, please contact coach Ala at [jala@msad20.org](mailto:jala@msad20.org).

**MOUNTAIN BIKE CAMPS**-The Parks and Recreation Department is offering two mountain bike camps this summer for boys and girls ages 9-14. The first camp will be held July 19-21 and the second camp will be August 9-11. Bikers will meet at the Community Center each day at 12:15pm and will need to be picked up at the Community Center by 3:30pm. If there are less than 6 registrants per camp, that camp may be combined with the other camp or cancelled and your money reimbursed. Bikers may bring their own bike (must have prior inspection and approval from the instructor) or we will provide an adequate bike for you. Each rider should bring a bike helmet, water bottle, sun screen, and dress according to the weather each day. Most of the riding will take place at the Nordic Heritage Center on the single track mountain bike trails (bus transportation to and from is included). The cost is \$25 for each camp payable to Fort Fairfield Parks and Recreation Department.

**PADDLE CAMPS**-The Parks and Recreation Department is offering “kayaking and canoeing” camps this summer for boys and girls ages 9-14. The two camps will be run in conjunction with summer school with one being offered July 6-8 and the other on July 25-27. Participants will meet at the Community Center each day at 12:15pm and will need to be picked up at the Community Center by 3:30pm. If there are less than 6 registrants for a camp, it may be combined with the other camp or it may be cancelled and your money reimbursed. Kayaks, canoes, life jackets, paddles, and transportation to and from the water sites are included. Participants should bring a swim suit, water shirt or t-shirt, water shoes, hat, towel, rain jacket, sun screen, water bottle, and dry change of clothes. The cost is \$25 for each camp payable to Fort Fairfield Parks and Recreation Department.

**PAMALO CREATIVE ARTS CAMP** –The camp is for children ages 2 and up and will be held at the Community Center the week of July 18-22 from 3:00-4:30pm. Participants will create art, explore music, and discover characters through acting all in one amazing experience. At this Dr. Seuss inspired camp you will journey from Whoville to Thneedville and anywhere in between. With the “Cat in the Hat” and all the other Seussical Characters you will travel through and create new unknown lands to try and get to the bottom of the forgetfulness. The cost is \$15 which includes all art supplies and is payable to camp director Pamela Nason. Children should come dressed in clothes appropriate for art work.

**LIBRARY PROGRAMS** – The Fort Fairfield Public Library is offering “Story Time” this summer for ages 7 and under from 10:30-11:30am on June 16 and 30, July 14 and 28, and on August 11. The library is also offering “Summer Crafternoons” for ages 8-14 from 3:00-4:00pm on July 6 and 20, and on August 3. Also being offered this summer are two science programs for ages 8-14 which will be held at 1:00pm on June 22 & 23 (Bugs and Butterflies) as well as on August 17 & 18 (Get a Clue). There is no fee to participate in the summer library programs. For more information, or to register for these and other programs being held at the library this summer, please contact the library at 472-3880.

# MUNICIPAL SWIMMING POOL

The pool is scheduled to be open from Wednesday, June 15 through Tuesday, August 23.

## GENERAL SWIM HOURS Every Day (weather permitting)

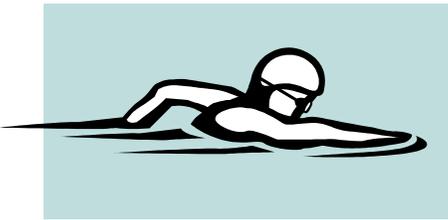
1:00-4:00pm

6:00-8:00pm

### The pool will be closed on the following dates:

Sunday, July 10 <sup>th</sup> .....	After 4:00pm	Preparation for Potato Blossom Festival Swim Meet on Monday
Monday, July 11 <sup>th</sup> .....	Until 6:00pm	Potato Blossom Festival Swim Meet
Friday, July 15 <sup>th</sup> .....	After 4:00pm	Festival Activities
Saturday, July 16 <sup>th</sup> .....	All day	Festival Activities & Parade

**SWIM TEAM** – The swim team is open to all for boys and girls up to 18 years of age as of May 1, 2016. Practices will begin on June 20 and will be held every Monday, Wednesday, and Friday from 4:00-5:00pm throughout the months of June and July. A more complete schedule of practices and meets will be made available to team members during the first week of practice.



**SWIM LESSONS** – are available to boys and girls 18 years of age and under with lessons following pre-set guidelines established by the American Red Cross. Lessons are held Monday through Thursday. There will be two sessions of lessons again this summer and parents have the option to sign up their children for either session or you can sign them up to participate in both sessions. There is a limit of 10 students per class for most lessons so please be sure to register early to insure enrollment. The registration fee is \$5 per

student which is due at the time of registration. We are an authorized provider of the American Red Cross.

\*The tentative swim lesson schedule is listed below and is subject to change based on class registration.

<u>Session One – July 5 – July 28</u>	<u>Mon –Thurs</u>	<u>Session Two – August 1 – August 18</u>	<u>Mon-Thurs</u>
Learn to Swim IV, V & VI.....	9:15-9:55	Learn to Swim IV, V & VI.....	10:00-10:40
Learn to Swim I, II, & III.....	10:00-10:40	Learn to Swim II & III.....	10:45-11:25
Learn to Swim II, III & IV.....	10:45-11:25	Learn to Swim I & Parent/Child.....	11:30-12:00
Learn to Swim I, II, & III.....	11:30-12:05		
Learn to Swim I, II, & Parent/Child...	12:15-12:45		

**LAP SWIM** – Lap swim and aquatic exercise will be held on Monday, Wednesday, and Friday from 5:00-6:00pm starting on June 20 (tentative) and continuing through the end of July. During this time the pool is reserved for those intending to use the pool for aquatic exercise purposes and lap swimming only. There is no fee to participate in lap swim or aquatic exercise and all adults are welcome.

**DIVE IN MOVIE** – There will be a “Dive in Movie” for all ages on Thursday, August 18 at the swimming pool. The pool will open at the normal time of 6:00pm with the movie (to be announced) starting at 7:30pm. The large movie screen will be visible from, the wading pool, the main pool, and the pool deck area. All are welcome.

## OTHER COMMUNITY RECREATION ACTIVITIES & OPPORTUNITIES

Here is a list of dates and times for other recreational activities being held throughout the summer.

**MPBF Junior Girls Softball Tournament** – The tournament will be held on Thursday, July 14 beginning at 8:30am. All games are played at the Fort Fairfield Athletic Complex located at the FFMHS.

**MPBF Swim Meet** –The swim meet will be held on Monday, July 11 beginning at 9:00am at the Fort Fairfield Municipal Swimming Pool. Register by contacting the swimming pool at 472-3883.

**MPBF 3 On 3 Basketball Tournament** – is for individuals ages 16 and older. The double elimination event will be held on Tuesday, July 12 at the Fort Fairfield Community Center starting at 6:00pm. The entry fee is \$30 per team. Teams can register by contacting the parks and recreation department at 472-3882.

**MPBF 5 Miler Road Race** –The race/walk will be on Saturday, July 16. Registration is at 7:30am across from Hillside IGA on Main Street. Walkers start at 8:30am, runners at 9:00am. The cost is \$15.

**MPBF 25 Mile Bicycle Race/Tour** – The Spud Cycle Classic will be held on Sunday, July 17. Registration is from 8:00-9:45am at the Fort Fairfield Community Center with the 25 mile event starting at 10:00am in front of the Fort Fairfield Blockhouse. The cost is \$15 for adults and \$10 for under age 18 and includes an event T-shirt. For more information, please contact the Fort Fairfield Parks and Recreation Department at 472-3882.

**Floatilla of Fun on the Aroostook** – Bring your kayaks and canoes to join us on the Aroostook River for an afternoon of floating and fun on Sunday, July 17 at 2:00pm. We will start at Forbes Boat Landing and end at the boat landing just below the bridge in Fort Fairfield in time to view the fireworks display. Enjoy the serenity and the many opportunities to view wildlife along the river.

**NHSC Youth Mountain Bike Program** – The Nordic Heritage Sport Club is conducting a Mountain Bike Program on the single track trails at the Nordic Heritage Center for boys and girls ages 9-14 starting on Monday, June 20 and ending on August 22. The program will run from 6:00-7:30pm each Monday evening and there is no charge to participate. Riders will need their own bike, helmet, water bottle, and proper clothing for weather conditions. Registration will be on site at the lodge prior to your first night of riding.

**Nordic Trail Festival** – The Nordic Heritage Sport Club will be hosting the annual “Nordic Trail Festival” for mountain bikers and trail runners at the Nordic Heritage Center on Friday, Saturday, and Sunday, July 29-31. Three days of events, games, music, and activities will be held for biking and running enthusiasts of all ages and abilities. A complete schedule of events can be seen by logging on to [www.nordictrailfestival.com](http://www.nordictrailfestival.com)

**High School Girls Basketball Tournament** – The Fort Fairfield Girls Varsity Basketball Team is hosting their annual summer basketball tournament on Friday and Saturday, June 24 and 25 with games being played each day at the Community Center and FFMHS. As many as sixteen teams from throughout Maine and Western New Brunswick will compete for the title. To register or for more information, please contact FFMHS girls varsity basketball coach Larry Gardner.

**FORT FAIRFIELD  
PARKS AND RECREATION DEPARTMENT  
SUMMER PROGRAM REGISTRATION FORM**

NAME \_\_\_\_\_ DOB \_\_\_\_\_ AGE \_\_\_\_\_ GRADE FALL 2016 \_\_\_\_\_ GENDER \_\_\_\_\_

HOME PHONE # \_\_\_\_\_ EMERGENCY PHONE # \_\_\_\_\_

ADDRESS \_\_\_\_\_

FATHER'S NAME(printed) \_\_\_\_\_ PHONE # \_\_\_\_\_

MOTHER'S NAME(printed) \_\_\_\_\_ PHONE # \_\_\_\_\_

ALLERGIES \_\_\_ NO \_\_\_ YES, PLEASE LIST ALL FOOD & MEDICATION ALLERGIES: \_\_\_\_\_

LIST MEDICATIONS \_\_\_\_\_

OTHER MEDICAL CONCERNS \_\_\_\_\_

**PARTICIPANTS, PARENTS OR GUARDIANS PLEASE READ CAREFULLY:**

I (the participant), or the parents or guardians of the above named participant, hereby give my/our approval for participation in the above-mentioned program, knowing that participation in this program may cause serious injury or even death to the participant. I assume all risks incidental to such participation, and hereby release, absolve, and indemnify, and agree to hold blameless, the Town of Fort Fairfield, the Fort Fairfield Parks and Recreation Department, MSAD#20, the organizers, sponsors, participants, supervisors, volunteers, or the person or organization responsible for transportation during the above mentioned program. I/we give permission for photographs to be taken of the participant for program newsletters and publications. I give permission for the participant to be treated by any physician at any medical facility that is available in case of an emergency. My/our signature below is verification that I/we understand and agree to the contents of this paragraph.

FATHER'S SIGNATURE (If under 18) \_\_\_\_\_ DATE \_\_\_\_\_

or

MOTHER'S SIGNATURE (If under 18) \_\_\_\_\_ DATE \_\_\_\_\_

**PROGRAM(S) SIGN UP**

Program(s)	Date	Fee
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____